



Old Time Recipes & Remedies

Recipe For Soap To Wash Coloured Linens: April 26th 1828

3 pounds white soap, shaved very fine, diluted with one Ox gall in a pan over the fire; then put it into a dish to cool, and cut into pieces of proper size.

Strengthening Medicine: G. Sampson, given Feb 7th 1830

$\frac{1}{4}$ oz. of gentian root sliced, 10 oz. of boiling water. Let it stand for 2 hours, then strain off the liquor and add to it a drahm of carbonate of soda and 1 oz. of tincture of Senna. A wineglass of this medicine may be taken 2 or 3 times in the day.

The Lame Lady's Recipe For Making Eau-De-Cologne:

Essence of orange	4 drahms.	Essence of lemon	1 drahm.
Essence of bergomotte	1 drahm	Essence of cider	1 drahm.
Essence of benzoin	4 drahms	Essence of rosemary	2 drahm

Quarter of a pint of barm water. Quarter of a pint of mint water. First mix all the essences and the barm water, add the spirits of wine. Shake it frequently, and at the end of 4 hours filter it through a paper into bottles which must be well washed.

Pills Recommended By Dr Lambert Which Did Mr. Mayne Much Good.

5 grains of calomel. 5 grains of James's powder. 5 grains of rhubarb.

Made into 2 pills and taken at night, and worked off in the morning by a black dose.

Extract from **Teffont Village History Scrap Book** by Womens Institute published 1956.