



# The East Knoyle Newsletter

Vol: 45 Issue No 4

[www.east-knoyle.co.uk](http://www.east-knoyle.co.uk)

July/August 2019

## East Knoyle



### Flower & Vegetable Show

**Saturday 27th July from 2pm**

There is still loads of time to make your scarecrow, practice a Battenburg cake, speak nicely to your roses, nurture your vegetables and encourage any young children you know to take part in this annual village affair. And how about finding a photograph or two for the photography competition. Check your Show schedule for all the information, there really is something for everyone to participate in, and let's hope this year's Show on the 27th July is as successful as previous shows.

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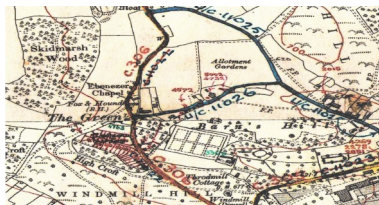
Printed by Gillingham Press Co Ltd - Unit 6 School Road - SP8 4QT - Telephone 01747 823234

The Parish Council takes a break from business with no meeting being scheduled in the month of August. At the July meeting Wessex Water representatives gave details of the water main replacement works taking place in the Street and Shaftesbury Road starting 7th October 2019.

Maps and drawings of the proposed works are available from the Clerk if you wish to know more details.

With the next PC meeting scheduled for 10th September there is still plenty of time for you to register your interest were you considering putting yourself forward for Co-option. These vacancies arise following the resignation of Rob McCarthy and Ian Small. **Both Rob and Ian have made valuable and enthusiastic contributions to the PC over the last few years and both will be missed.** At the June PC meeting Tim Hyde thanked both outgoing Councillors for their contribution to PC business over the years.

Plans are underway to replace the two very old baby swings in Knoyle House Grounds with more modern equipment. The offers of funding from local supporters of the play area have initiated this upgrade and the PC would like to thank Bob Bourne for his enthusiastic work on this project.



## Round and About

Congratulations to two 'local' couples who have recently married – Jilly and Fin in St Mary's on June 1<sup>st</sup> and Paul and Lucy in Salisbury on June 15th. We wish them great happiness for their future together.

A little further into their married lives, we send good wishes to Robin and Sonia Egerton, who have recently celebrated their Golden Anniversary, and to Paul and Jenny Knocker, formerly of Upton Courtyard, who were delighted to receive a card from the Queen on the occasion of their Diamond Anniversary. They celebrated with a family party near their new home on the Isle of Wight.

We send condolences to Jeannette McNeil on the death of her husband Ian, on 6th June. The McNeils live in Sedgehill and have close connections to the village, Jeanette being a keen member of the Women's Section of the RBL, and previously of St Mary's Guild and one-time secretary of the PCC.

## Have you signed up to Community Messaging?

Wiltshire Police use an email alert system called Community Messaging, also known as Neighbourhood Alert, across Wiltshire and Swindon to provide real time information to subscribing residents and businesses. This is a free service and once subscribed you can choose what sort of alert to receive and how to receive them. This way the alerts will be tailored specifically to your interests and delivered by email, text or phone.

Community Messaging allows Wiltshire Police, and carefully selected partners, to help keep communities better informed about police and crime updates affecting their local area. The messages can even be sent to individual postcodes.

Although Wiltshire Police is the main source of information the system is also used by Dorset and Wiltshire Fire and Rescue, Wiltshire and Swindon Neighbourhood Watch, Office of the Police and Crime Commissioner, Gas Emergency Service and Action Fraud (the national centre for fraud and cybercrime). All these partners provide relevant information to help keep you safe and secure. You can respond directly to messages and rate the value/relevance of alerts on a scale of 1-5. Your feedback can be most useful to provide first-hand intelligence relating to alerts but also to allow us to assess the effectiveness of the system, so we keep messages and alerts relevant.

The relevance of alerts is controlled by users through the selection of specific schemes on the system; Neighbourhood watch is one popular choice but there are also groups for Community Speed Watch, Youth Clubs and Groups, Church Watch, Horse Watch, Farm Watch and many others. All can be selected or deselected as required and all have the ability for you to feed intelligence to crime prevention partners.

It should be emphasised that Community Messaging is not a way of reporting crimes - always call 999 in an emergency or 101 in a non-emergency situation.



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Email: [wrenshop@btconnect.com](mailto:wrenshop@btconnect.com)  
[facebook.com/wrenscommunityshop](https://www.facebook.com/wrenscommunityshop)



## Wrens Shop Notes by Ian Tait

The Annual General Meeting of the Shop Shareholders was held on Wednesday 5<sup>th</sup> June in the Village Hall 20 Shareholders attended. The annual accounts for 2018 were approved and Liz Quantrell volunteered to join the management Committee.

Claire Swann raised the issue of single use plastic in the shop and everyone agreed that we need to reduce our use of plastic whenever possible. The shop is totally reliant on our suppliers and we will try to influence their use of plastic, but we don't have too much leverage as a small retail outlet.

The other item raised by Laura Coffin is the need to expand the number of volunteers able to use the shop ordering systems so that we are not relying on a couple of individuals doing it all the time. I am delighted to report that Vanessa Jones, Deb Bateman, and Torill Seger have all volunteered to help. If anyone else is interested please contact me on 07818 412257 or leave a message at the Shop.

Lastly, I'd like to say thank you to Kevin Stow and Claudia Goss who have produced the first of a series of interviews with our current volunteers. The aim is to highlight the benefits of volunteering in our shop.

Remember the sign on the wall

**"Owned and run by our Village for our Village"**



### Five-minute interview with Claudia Goss, Shop Volunteer.

Q. How long have you lived in the village?

A. Four and a half years, we moved into Underhill in November and I started volunteering in January. The people we bought our house from recommended I should volunteer.

Q. How did you find the training?

A. Mostly other volunteers showed me what to do and Janeen was always there to help.

Q. Did you have any previous retail experience?

A. No, none at all. The tills are easy to work and I started in the shop cleaning and shelf stacking.

Q. Do you do a regular shift?

A. No, my work commitments mean that I don't have regular time available so I help when I can. I respond to the weekly email telling us when help is needed. It works well for me.

Q. What do you enjoy about working in the shop?

A. Meeting customers.

Q. Have you got to know people because of your volunteering?

A. Yes, definitely.

Q. What is the best thing about the shop?

A. It's fun, flexible and it feels good to support something I value.



## East Knoyle Post Office

Wren's Shop, Church Road  
East Knoyle SP3 6AE  
Tel: (01747) 830 928

Email: [wrenshop@btconnect.com](mailto:wrenshop@btconnect.com)

**Tuesday, Wednesday & Thursday**

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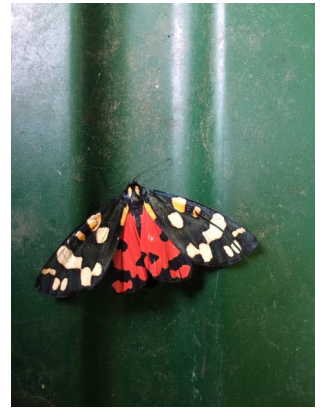
**& of course stamps !**

**Note: Closed Monday, Friday, Weekends  
& Bank Holidays**



## Knole Knature Notes from The Yaffle

There are no colours more vivid with which to herald high summer than those of the Scarlet Tiger moth (pictured); one of our day-flying moths found in a fruit cage full of red currants. The Jersey Tiger, featured in last year's September edition, may also be spotted in gardens along with the Cinnabar and Ruby Tiger, some of our most dramatically coloured moths.



If you ever want to revel in a small piece of unspoilt Wiltshire downland, that is awash with flora and butterflies, then you have to take a stroll around the iron age earth ramparts of Yarnbury Castle hill fort. Located alongside the eastbound carriageway of the A303, on your left, close to the end of the dual carriage as you ascend from the Wylde Valley and before the start of the single carriageway to Winterbourne Stoke. In June it was awash with the Common Fragrant orchid, whose sweet orangey smell is strongest in the evening. Lady's bedstraw was another joy among many. The Adonis blue and Marbled white butterflies were evident in profusion along with Meadow browns and Ringlets, to mention just a few. Distracted by this visual feast I became oblivious to the noise of the sound behind me.

The absence in our garden this summer of that most beautiful summer visitor, the Spotted flycatcher, is evidence of the huge challenges faced by our passerine (perching) migrant visitors on their long journeys back from the African continent. Dealing with often extreme climatic variations is one thing; escaping the random shooting, and the liming (bird gluing) of roosting perches, across the Mediterranean and southern Europe is yet another. We are missing the delight of this furtive aerial insect catcher, as it swoops from a well-placed vantage point and then disappears again.



Talking of gardens, there are several Tulip trees in the Parish. The photo features the wonderfully coloured and exotic looking flower which starts off tulip shaped, they have been prolific this year, the leaf profile too being that of an unopened tulip. *Liriodendron tulipifera* is a native of eastern North America, where it is sometimes called the Tulip or Yellow

poplar. Whilst fast growing, it is related to Magnolias not Poplars and is valued for its fast growth and quality of timber.

Autumn was the traditional season for bonfires in days of yore of which plastics along with other processed materials that emit black smoke were never a part and may not be legally burnt today except under specific licence. The point is that we all enjoy a good bonfire, but maybe a beautiful summer's day is not the best time to be burning your garden rubbish?



Let's leave on a fresh note and the wonderful spectrum of pastel colours from a fresh cut bunch of meadow grass and vetch.

### East Knole Rainfall Robin Egerton

May 24mm (0.94")

June 77.50mm (3.05")

In May I recorded rain on 12 different days.

We had 5 days without rain towards the middle of the month, and 8 days without rain towards the end of the month.

This May's rainfall matched the lowest for the last 25 years of 24mm (0.94") in May 2010, both being the only Mays' with rainfall under 25.4mm (1.00"). The average May rainfall for the last 25 years was 68.80mm (2.71")

In June I also recorded rain on 12 different days, with one period of 6 days at the start of the month, and one of 5 days at the end of the month without rain. There were only 7 June's with higher rainfall recorded in the last 25 years, thus this June's rainfall is above the average for June for the last 25 years which is 56.86mm (2.24").

This makes the first 6 months rainfall for 2019 to be 319.28mm (12.57"), which was less than last years figures of 410.50mm (16.16")

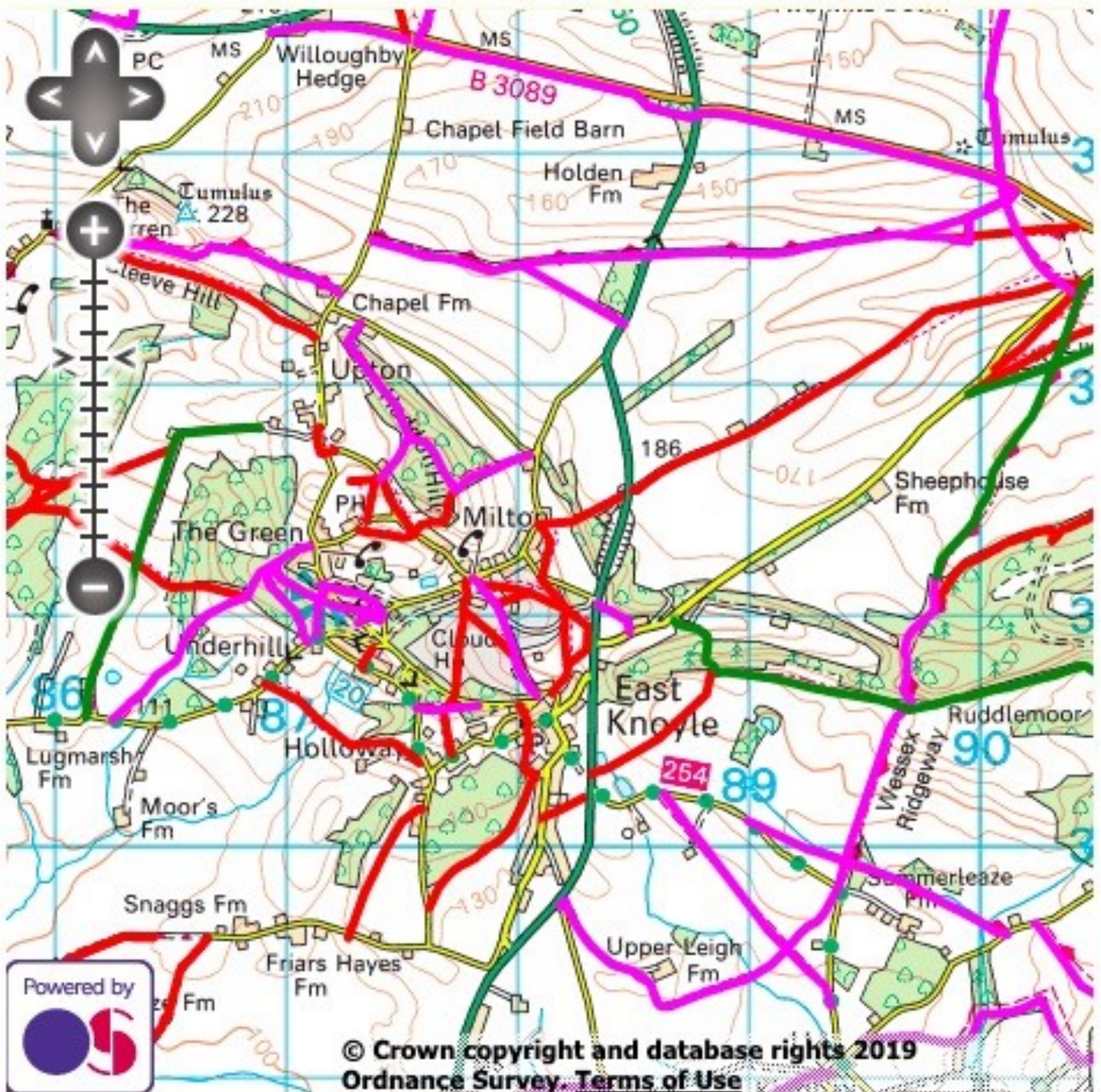




## Rights of Way

We were notified by a keen eye for footpaths (thank you!) that there was an error on the map, published in the May/June 2019 edition of the Newsletter, regarding the footpath EKNO16. Please refer to the latest updated map with the correct markings for this footpath, as this was moved slightly, late last year.

A gentle reminder to all dog walkers, please ensure that you keep your dogs on a lead when walking through fields where there is livestock; and please always clear up after your dogs to keep livestock safe and well. Thank you!



Source: <http://www.rowmaps.com/showmap.php?place=East%20Knoyle&map=OS&lat=51.0731&lon=2.16992&lonew=W>

### Key

- solid red line: footpath;
- solid fuchsia line: bridleway;
- solid green line: restricted byway;
- solid blue line: byway open to all traffic.



# EAST KNOYLE VILLAGE FETE

**SATURDAY 7TH SEPTEMBER**

**2019**



**KNOYLE HOUSE GROUNDS 12-4PM**



**TEA & CAKES ★ STALLS ★ BAR**

**BEAT THE GOALIE ★ ICE CREAM**

**TUG OF WAR ★ FACE PAINTING**

**★ RAFFLE ★ VILLAGE CHOIR**

**CHILDRENS GAMES ★ ★ BBQ**

**BOTTLE STALL ★ CLOTHING STALL**

**ADMISSION: £2**

**Children Free**

**LIMITED CAR PARKING, TISBUS PICK UP POINTS**

**FURTHER INFORMATION: NICKI STURROCK 830143**

There will be a meeting for all stall holders at this year's Village Fete and BBQ in the village hall on **Wednesday August 7<sup>th</sup> 2019 6 p.m. RSVP.**

Also, we do need a supply of gazebos so please offer what you have and prior to the event be prepared to help us put them up.

**Please contact**

Nicki Sturrock (830143 or 07793 935419) for further information.



Donate to the bottle stall

Paul Naish and John Webb will be running the bottle stall at the Fete again this year and are seeking donations from you kindly village folk. A bottle of anything would be much appreciated, anything from pickled gherkins to Dom Perignon. John (Brambles, No.1 Gauns Court) and Paul (Pertwood, The Green) will both have a box outside their garage/gate door and if you would kindly leave any donations in them, it would be hugely appreciated.

Many thanks, in anticipation

**BRAMBLES**



Hindon



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## TREE HEDGE AND WOODLAND MANAGEMENT.

East Knoyle enjoys a high density of mature tree and vegetation cover which makes a significant contribution to the visual amenity, character and appearance of the locality. There are many notable trees, woodlands and hedges within the area, some of historic importance. We are particularly fortunate to have woodlands within the village which are categorised as Ancient Semi Natural Woodlands to qualify for this status the woodland has to be in existence from 1600AD

Despite the verdant setting of the village there is a distinct lack of formal protection of notable trees. Formal tree and hedge protection is provided in legislation in three main areas. Trees and hedges are protected under section 197 and 211 of the Town and Country Act 1990. Domestic hedges within the confines of a domestic residential dwelling are not subject to controls, however hedges within the rural countryside which are over 30 years in age and meet certain levels of the criteria set out within The Hedgerows Regulations 1997 will require an application, if partial or entire removal is required; this can also be applied when sections of hedgerows are removed to facilitate field access and the installation of new agricultural gates.

If you own trees or hedges which are subject to formal protection you may require consent from the Local Planning Authority (Wiltshire Council) before undertaking work.

The information given both above and below is an overview and snapshot of existing legislation which is complex and detailed, if in doubt consult an appropriately qualified contractor or consultant.

### CONSERVATION AREA

Trees that are in excess of 75mm measure 1.5m from ground level are subject to formal protection by their location within the conservation area. If you are intending to undertake works to trees within your ownership you will need to make an application to the LPA, sometimes referred to as a section 211 notification.

Whilst the application is deemed to be a notification the Council will have to assess the proposed works on a number of matters. The Council has only two options when determining a conservation area notification. The first option is to allow the works to proceed following detailed site assessment and on expiry of the 6-week notification period.

The second option open to the Council is to serve a Tree Preservation Order if the Council considers the tree or trees to be of sufficient merit, if felling is proposed, or that the proposed pruning works would be arboriculturally harmful, or that the pruning would result in significant harm to the conservation area.

The decision notice has an expiry period of two years after which a resubmission is required. It is advisable to wait for the issue of a decision notice prior to the commencement of works.

### Tree Preservation Orders

Tree preservation orders more commonly referred to as TPOs, provide a much greater protection to trees than the Conservation Area legislation.

The application process for works to trees involves a formal application with a determination period of 8 weeks, formal consent can be issued with attached legally binding conditions, including statutory replacement tree planting and the control of pruning operations. Refusal allows the applicant to appeal the process similar to that of the planning applications.

Unauthorised work to both trees in conservation areas and to trees subject to a Tree Preservation Orders can result in a criminal prosecution with fines limited to £20,000.00 in the Magistrates Courts, but unlimited in Crown Courts, Councils may also pursue compensation under the Proceeds of Crime Act where development gains and increases to house values are taken into account, cost awards can be huge running into tens of thousands of pounds. Please be aware that the contractor and the tree owner can be equally liable.

There are specific exemptions under the above areas of legislation which relates to the removal of deadwood and the making safe of dangerous trees. A separate process often referred to as a '5 day exempt works' notification may be required, prior to implementing any such works a check should be made with the LPAs Tree Officer if you consider the works being planned may be exempt from the normal legal controls of the legislation.

### Hedge Management

The management of hedges in the domestic situation can be controversial, particularly within the bird nesting season. It is a criminal offence to disturb nesting birds which along with other species such as bats are protected under the Wildlife and Countryside Act 1990 and subsequent following Acts through recent years. The management of domestic hedges should be avoided where possible and scheduled to take place outside of the bird nesting season which ranges from late February until end of August.





## **St Mary's Church**

If you lament the lack of a café in the village, and would like the opportunity to enjoy a cup of coffee (or tea) with other Knoylians, then do try out the Church Café, which happens on the fourth Tuesday of each month, 10.30-noon, in the church. It may be that the rector, or the curate, or the assistant priest will be there, but so will up to twenty other people, and no-one will quiz you on your knowledge of the Bible – or even ask about your favourite hymn - conversation is so much more general than that! It's just set up as a place to meet and enjoy others' company, and there is no need to commit to being there every month – just turn up if you feel like it, you will get a warm welcome.

Jill Caudle has stepped into the gap left by Maria's resignation as PCC secretary and has made an excellent start, continuing the production of clear minutes and aiming for good communication between the Rectory office and the PCC in the village. Briony has not been replaced as deputy Church Warden, but a number of people have divided and taken on the tasks which were previously her responsibility, and this seems to be working well.

About thirty parishioners from across the Benefice of St Bartholomew attended the Ascension Sunday Eucharist held at Win Green and enjoyed a picnic lunch together afterwards. We are so lucky that the highest point for miles around is accessible to us on this important day.



I would like to thank everyone who had a collection box. The final total came to £282.01

Thank you for helping vulnerable children. With your help, the Children's society raise about £1.6 million pounds from collection boxes to help children in this country who are not safe, loved or able to cope.

On behalf of the children and young people, thank you for your continued support.

Alan Henderson  
Children's Society Coordinator

**Thank you** Tommy for quietly going about mowing, strimming and generally keeping our village tidy.

## **Follow Ben Stow, East Knoyle's own professional golfer.**

East Knoyle's professional golfer Ben Stow kicked off the season with trips to Kenya, Jordan, Turkey and Spain and enjoyed some good results.

The European Tour event in Kenya in April was the Ben's first of the season and a very credible 25th position was a welcome start. A trip to Aqaba in Jordan for the European Tours first ever mixed event was a great success with an eleventh placed finish. The event was won by Dutchman Daan Huizing who just pipped English woman Maghan McClaren to the title. A ninth place in Spain is great preparation for US Open qualifying at Walton Heath, Surrey on Monday 3rd June. This 36-hole one day event is free to enter and a great day out if you are a golf watcher.

Look out for Ben in future tours, and good luck for the rest of the season.



# East Knoyle Village Hall

*From plot to pot! Nicki's infamous soup recipe.*

## COURGETTE & TARRAGON SOUP

*When courgettes ripen, they come with an unstoppable rush that forces cooks to search for new uses. This soup freezes well, which means you can make lots of it when there is a glut and freeze it for the winter.*

*Serve with a swirl of cream and a sigh of relief that you caught your courgette harvest before it overwhelmed you!*

Serves 4

Cooking Time: 25 minutes

25g butter  
4 medium courgettes, chunked  
1 ½ tablespoons of dried tarragon  
300ml vegetable stock  
300ml milk  
Salt and freshly ground pepper



1. Melt the butter in a pan, add the courgettes, then cook on a medium heat for 5 minutes
2. Add the tarragon and cook gently for a further 5 minutes
3. Add the stock, which should almost cover the courgettes until tender, then add the milk
4. Blend until smooth
5. Return to the pan and season to taste. Reheat gently for 3 minutes and serve. Add a little chopped curly parsley if you wish.

## EAST KNOYLE VILLAGE HALL 200 CLUB

On a pleasantly warm and sunny afternoon with ice creams being eaten joyously, the Village Hall 200 Club has held its fourth draw of the year, in Wrens Shop on July 3rd!

The winner is:

**CAROLINE FARNES**      **£50**

So, big smile and suntan all round for this worthy winner!

New supporters are cordially welcome to join at any time for only £12 a year. Just ring Sara and Neil Southerden on 830594 or leave a message in the shop.

**The next draw is on September 1st.**



## MOVIOLA Sara Southerden

Moviola is on its summer break at the moment and we are waiting to receive the list from which the film choices for next season will be taken.

We'll continue as before with showing a film in the Village hall on the last Wednesday in the month at 7.30.

So, here are some dates for your autumn diary:

Wed. 25<sup>th</sup> September, Wed. 30<sup>th</sup> October, Wed. 27<sup>th</sup> November and Wed 11<sup>th</sup> December.

If there is any film which you've heard about and would particularly like to see, please let me know and we will ask if it's available.

Thank you for supporting Moviola. We look forward to seeing you again in September.



## For Village Hall Bookings & Availability

Please contact Nicki Sturrock  
eastknoylevh@btinternet.com  
or telephone 01747 830143



## GARDENING TIPS

from Mrs McGregor

What a peculiar Spring we've had! Early sunshine at Easter gave way to a long spell of cold, miserable weather just when the garden needed warmth, and to top it all gales and floods decimated our gardens when everything had just got going. I don't know about you but my broad beans have been flattened and my runners are barely 3 feet tall! Let's hope Summer is finally here and our flowers and vegetables can flourish at last. Even with the strange weather playing havoc with our gardens, there is still so much to do at this time of year:

### JULY

- Deadhead bedding plants and repeat-flowering perennials to encourage further blooms.
- This is the last chance to sow annuals such as Cosmos or Nigella direct into flower beds.
- Give the lawn a quick-acting summer feed.
- Prune early Summer flowering shrubs such as Philadelphus and Weigela after they have bloomed so they can put on new growth that will hold the flowers next year.
- Keep sowing lettuce, a few at a time, as well as autumn crop peas, turnips and spring cabbages.
- Check apple and plum trees to make sure there are not too many fruit on each stem and thin out if necessary – just three or four is enough.
- Water and feed tomatoes regularly, keep tying them in to their canes as they get taller, and pinch out side shoots as necessary.
- Pick courgettes before they become marrows!

### AUGUST

- Early August is the best time to prune Wisteria to ensure it flowers well next year. Take out all the long whippy shoots and laterals at the base, and tie in any shoots which will fill gaps next year.
- Check Roses for black spot and treat with a suitable fungicide if necessary. Remember to pick up and burn any diseased leaves that have fallen off.
- Plant Madonna Lilies (*Lilium candidum*) before the end of August.
- Collect ripened seed and store in a clearly labelled paper bag in a cool, dry place for sowing next year.
- Lift and store potatoes, and plant Christmas potatoes now.
- Dry onions and garlic when the leaves turn yellow. Hang them up, or do as the French and plait them into long strings.
- Transplant runners from strawberry plants into their new positions or into containers for planting out later.



### A question from a Reader:

Q: Dear Mrs McGregor, I am planning my Basket Of Mixed Vegetables for the East Knoyle flower and veg show on 27 July and worry that my lettuce might wilt once I've picked it, and spoil the look of my basket. Yours, Miss P (aged 10).

A: Dear Miss P, A little trick which my Mr McGregor always uses for his show lettuces is to dig it up entire, making sure the root is still attached. He then very carefully washes all the soil off, and picks off any damaged leaves underneath. Then he wraps the root in a piece of paper kitchen roll, well dampened. Once you have arranged your lettuce in the basket the root should be hidden and your lettuce will stay looking perfect all day long.

Mrs McGregor welcomes reader's gardening questions, please send them to the Editors: [eastknoylenewsletter@gmail.com](mailto:eastknoylenewsletter@gmail.com) and we will pass them on.



# Taking a trip down memory lane

**Looking for Emily Matilda ... my maternal grandmother and East Knoyle** by Julia Brown

In 2006, a chance remark by my mother, who said she would like to find out more about her mother's early and mysterious childhood, sparked off the most interesting and challenging journey for me which took me back to the 1880's, to East Knoyle and its environs and eventually found me sending an email to Selkirk in Canada.



If you walk up the lane past the church and enter St Mary's churchyard extension through the lychgate, the first grave you will see, on your righthand side, is that of Annie Ricketts (nee Haywood) and her husband, Charles Ricketts. Although the stone is covered in lichen, you can clearly make out the chiselled inscription: 'She hath done what she could'

Annie Ricketts was the matron of a small children's home for very young girls in desperate need of care. The home was set up in 1888 by The Waifs and Strays Society (founded by Edward and Robert Rudolf in 1881) now known as The Children's Society. This home was situated somewhere at The Green, very possibly in Deepmoor Cottage.

My grandmother, Emily Matilda Haines, was brought here at the age of seven, dressed in rags and in poor health to be cared for by Annie Ricketts. She was born in Brook Street, in Warminster in 1881, to an agricultural labourer, who was described in the 1871 census as 'deaf and dumb since birth' and his wife Sarah. The family were very poor and had experienced life in Warminster Workhouse on four occasions. They had no regular work, housing or income. They had two other children, the eldest, a boy called Jim, and a middle child called Mary Jane. They were reputedly given to drinking and disorderly behaviour so elicited little sympathy generally.

Mary Jane, the older sister, was found a place at Kenton Industrial School, near Powderham Castle in Devon, where she would learn the skills needed for laundry work and domestic service. Later, she returned to Warminster and contacted her parents. She married a soldier from Maiden Bradley. Sadly, in her case, history repeated itself and the three daughters she gave birth to were taken to Dr Barnardo's Girls Village Homes, Barkingside, Ilford, in Essex. The youngest of these three girls, Lily May, was sent to Canada at the age of ten to work on a farm near Selkirk, Ontario. My latest area of research leads me to believe Mary Jane herself was admitted to an asylum.

The life of Emily Matilda ran quite differently. Living at Knoyle, attending school and church, and having a stable home, gave her an excellent grounding in how to live a caring and sharing kind of life. Beatrice Milford of Knoyle Rectory, daughter of Canon Milford, was the Hon Secretary of The Waifs and Strays and wrote reports on Emily's arrival and progress in the home.

I have very much enjoyed reading the short reports she wrote for the magazine entitled 'Our Waifs and Strays' (1889-1892) where you find small cameos of life for the girls who pick blackberries for jam, sew pinafores, eat lunch in the servants' quarters at the Rectory and play in the grounds afterwards, receive visitors (who signed a visitors' book), are sent Christmas and birthday gifts by their sponsors and join in with activities and festivities, such as GFS, The Girls Friendly Society, and The Band of Hope events.

After six years in the home, Emily Matilda moved to Shropshire in 1894 to work as a maid for Robert Theodore Milford (Beatrice Milford's brother) and his new wife Elspeth Milford (the granddaughter of the Bishop of Salisbury) who were starting a new life at Yockleton Hall Preparatory School where Robert was Headmaster. Their eldest son, Theodore Richard Milford (1895 - 1987) would later become founder of Oxfam in 1942.



I never met my grandmother, but I know that she became the most loved and respected of mothers. In Shropshire, she and the older cook, Susan Hooper, who accompanied her from Knoyle, married a father and son. Emily Matilda had seven children, four boys and three girls. She raised them well and taught them to have high standards in all things.

When I visited Knoyle for the third time at the end of April 2019, I was struck by the warmth of the welcome I received, both at the Tuesday church coffee morning and at the community shop. The village and its surrounding countryside are exceptionally beautiful. I like to imagine my grandmother walking down from the Green to school and passing The Windmill, seeing the bluebells in the woods and feeling part of a community.



## Further Reading

The Children's Society website case number 1372

A Fillet of Place by Tony Claydon chapter titled 'Emily'

East Knoyle Parish Magazines in 'The Dawn of Day' 1894 Society for Promoting Christian Knowledge

Our Waifs and Strays reports on individual cottage homes 1889



## Hindon Surgery News

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### Common Infectious Illnesses

Infectious illnesses are common but our children are now safer from life threatening infections than ever before because of the availability of effective vaccinations.

Almost all serious infectious illnesses have good, safe vaccines available free on the NHS. But we need a very high uptake so that those who cannot be vaccinated (e.g. patients on chemotherapy) are protected by herd immunity. Vaccination protects you, your family and neighbours. There have been outbreaks and deaths from whooping cough, measles and 'flu because of drops in vaccination rates and millions worldwide still die from these diseases because they have no access to vaccination.

Good personal hygiene (especially hand washing) and food hygiene also protect us from infection.

The majority of infections affecting the respiratory tract will be viral. The duration of symptoms after a consultation for common symptoms are:

Croup (barking cough)	3 days	Sore throat	7 days	Ear ache	8 days
Common cold symptoms	14 days	Cough	22 days		

Croup is always due to a viral illness and may need treatment from the GP (inhalers and steroids but not antibiotics). The rest usually resolve with time, paracetamol or ibuprofen, fluids and rest. On average an antibiotic will shorten the duration of the illness by 24 hours or less.

Advice about whether your illness is something you can manage yourself or one you should see someone about can be found on the NHS Choices website, from 111 or from the community pharmacy. Our website has a comprehensive guide for parents about childhood illnesses called 'When Should I Worry' and we can print out paper copies to give to parents at new baby checks and when we invite children for their annual 'flu vaccination.

If we see you with one of these illnesses we will often use a decision tool based on NICE evidence to decide the best management, and may give you an RCGP information sheet that summarises the duration of the illness, self-help advice and what to look out for that means you need to see us again.

We often send tests to the lab. If you think you have an infection please try and see us in the morning (ring soon after 0800 and tell the receptionist) as we hold a few appointments back for infectious patients and may squeeze you in for a brief consultation.

Some infections do need antibiotics but most do not. With the worrying increase of antibiotic resistance (your own risk doubles with each course) we need your help to use these properly and with due care.

### Well-being

When we feel life is going well we don't get ill so often and cope with illness better. Many illnesses we see in the surgery are not due to a physical cause but are because that person's well-being is low and their very real symptoms are caused by problems and worries in their life (which is why so many persist if just treated with pills). We can all improve our personal well-being and improve our ability to cope with life and feel well. This can be broken down into five areas (although there will be other things you may find also help):

**Connect** - With all the people around you and build relationships in your community, at work, with every contact.

**Be active** - Walk or do some sort of activity every day

**Take notice** - Spot what is going on around you and pay attention to it

**Keep learning** - Take on new things like a sport, activity, learning new recipes – something not done before

**Giving** - Volunteering, doing something nice, seeing yourself as part of a community.

If you are feeling unwell it is often worthwhile reflecting on what is going on in your life that may be causing the problem. Nationally two thirds of patients referred to hospital gynaecology departments have no abnormality found to account for their symptoms and many musculoskeletal symptoms improve when adverse emotional, work or social issues are addressed. If you do see your GP or practice nurse we may start to explore your well-being. Local practices have just attended training on this, so we are better able to help our patients and avoid the traps of medicalising a well-being problem that then leads to long term problems for you, as the underlying cause is never addressed.

Dr Patrick Craig-McFeely

## SARUM WEST LOCALITY - PUTTING PATIENTS FIRST

Dear Patient

The NHS is 70 years old. The UK population has grown dramatically since it was formed and we must also change so we continue to deliver effective health care.

### What's changing?

From 1 July this surgery will become part of the Sarum West Primary Care Network (PCN). PCNs are being introduced to provide better integrated care to patients across the country.

This means GP surgeries will share our expertise and resources over a wider geographical area. We will work with other surgeries, social services, pharmacists, physiotherapists, hospitals, mental health professionals and voluntary organisations to deliver an even better joined-up service to patients.

We will be sharing and learning from best practice and the support of a wider network of professionals will help secure the future of our surgery.

### What are we doing now?

This practice is currently part of Sarum West locality, which involves us working together with our 10 fellow GP surgeries. Our key focus has always been Putting Patients First, and we already have a project underway which is helping to prepare us for the change ahead. This is what we are doing:

- Arranging **Mental Health** training for surgery staff so we can provide better support to patients with mental health issues across the locality.
- Introducing the **AGE UK Living Well programme**, where we have two AGE UK workers joining the locality to help us improve the wellbeing of older patients, providing non-medical support to those who need it.
- Seeking to **Build links with Social Services** to improve team working so we can deliver more effective care to vulnerable children and adults.
- Building better links and sharing good practice to provide good **Carer Support** to the many unpaid carers in the locality.
- Reviewing our **Workforce Resilience**, to consider how we can maximise the use of our resources – both people and funding.
- Spreading good practice on **Quality and Safety** and making sure all standards are consistently met, particularly in the delivery of **End of Life Care**.

As you can see, introduction of the Primary Care Network will simply reflect how we have been working for some time in Sarum West. The full list of surgeries in our locality, which will form the PCN, is:

Courtyard, West Lavington  
Shrewton, Wilton, Codford and Fovant (The Orchard Partnership)  
Tisbury  
Hindon  
Mere  
Silton  
Sixpenny Handley and Broad Chalke (The Sixpenny Handley and Chalke Valley Practice).

If you have any questions about these changes, please speak to your GP.

### More support for those affected by cancer

Salisbury Hospital are improving the way they help patients with cancer. They have formed a **cancer support team** that works alongside the clinical teams in partnership with MacMillan Cancer Support.

They can be contacted on **01722 336262 Ext 2417**.

As well as supporting patients throughout their diagnosis, treatment and beyond, **they also run sessions** for patients, family, friends and anyone affected by a cancer diagnosis to give advice about terminology, emotional well-being, managing fatigue, eating well, activity and exercise, local, national and also financial support.

Having a healthy lifestyle helps reduce the risks of cancer but it also helps recovery and prolongs life after a cancer diagnosis.

Dr Patrick Craig-McFeely



**Social Events**



On the 26<sup>th</sup> June a party of RBL members enjoyed a most informative and enjoyable day visiting the Berkshire and Wiltshire Rifles museum in Salisbury



in the morning, then, following a buffet lunch in their library, moved next door for a guided tour of Arundells, the former home of Sir Edward Heath. The day ended with a leisurely stroll in the large garden that extends down to the river.

Both our tour guides were extremely well informed and provided many personal insights and human touches to the exhibition and the house.

Make a note in your diary of Sunday 28<sup>th</sup> July as plans are in place to hold a 'Strawberry and Pimms' tea at which we intend thanking the village as a whole for the tremendous support they gave us during last year's commemorative events. Venue is the lawn and marquee of the village hall, start time 3.00pm. The Strawberry teas and Pimms are free to 'villagers' who add their names to the list available soon at the Wren shop. A raffle will be held in aid of the Poppy Appeal for which donations of prizes will be welcome. Further information is available from Mike Waterhouse or Ian Gurney.

**Poppy Appeal Update**

More good news as since our last report, and thanks to the latest efforts of Roy Halsall, the total for 2019/20 has increased from £12,035 to £13,150.



In June Roy raised a total of £944 from sales of Poppy merchandise at the Portsmouth D-Day and Chalke Valley History events. Money was also raised through the sale of donated old coins, so, if you have any miscellaneous coins or foreign currency (old or new) languishing in a drawer or jar Roy could certainly make use of them. Once again we pass on our grateful thanks for his dedicated efforts on behalf of the appeal that add so much to money raised during the Remembrance fortnight.

**Next Branch meeting:** 7.30pm, Monday 5<sup>th</sup> August, Fox and Hounds.

Ron Clark  
Branch Secretary (830354)

**RBL Women's Section— Fancy a trip to Winchester?**

We are proposing a day trip to Winchester in September. Our Chairman will be providing transport, being whichever sized vehicle we need depending on the take-up of the offer. Please telephone me if you are interested. When we know whether this is going to happen we will settle upon a suitable date. Many thanks. Monica Snell.

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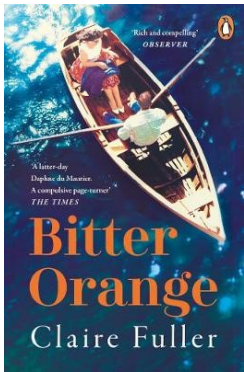
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## Summer Reading at Winstone's

With this fabulous spell of good weather we are having, it's a great opportunity to spend some time in the garden concentrating very hard on shutting out the roar of lawn mowers and enjoying a good book.

We have put together a great selection of Summers Reads at Winstone's all £2 off and here are two of my favourites.

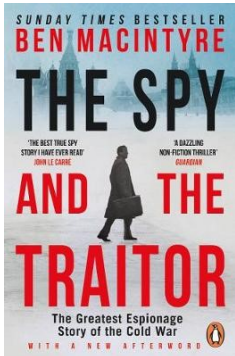
### Bitter Orange by Claire Fuller £8.99 now £6.99 Fiction



Frances Jellico is dying. A man who calls himself the vicar visits, hoping to extract a deathbed confession. He wants to know what really happened that fateful summer of 1969, when Frances - tasked with surveying a dilapidated country house - first set eyes on the glamorous bohemian couple, Cara and Peter. She recalls the relationship they forged through sweltering days, lavish dinners and elaborate lies, and the Judas hole through which she would spy on the couple.

A sinister story that considers the terrifying lengths people will go to in order to escape their past. In the vein of Shirley Jackson's bone-chilling *The Haunting of Hill House*, Fuller's disturbing novel will entrap readers in its twisty narrative, leaving them to reckon with what is real and what is unreal. An intoxicating and unsettling masterpiece.

### The Spy and the Traitor by Ben MacIntyre £8.99 now £6.99 Non fiction



On a warm July evening in 1985, a middle-aged man stood on the pavement of a busy avenue in the heart of Moscow, holding a plastic carrier bag. In his grey suit and tie, he looked like any other Soviet citizen. The bag alone was mildly conspicuous, printed with the red logo of Safeway, the British supermarket.

Oleg Gordievsky was a spy. A senior KGB officer, for more than a decade he had supplied his British spymasters with a stream of priceless secrets from deep within the Soviet intelligence machine. No spy had done more to damage the KGB. The Safeway bag was a signal: to activate his escape plan to be smuggled out of Soviet Russia. So began one of the boldest and most extraordinary episodes in the history of spying.

MacIntyre does true-life espionage better than anyone else. He has a remarkable ability to construct a narrative that is as taut and urgent as it is carefully nuanced. Here the pace never slackens and the focus never drifts, while MacIntyre's insight into his subject's tangle of contradictions never loses its sharpness. It's a tough call, but *The Spy and the Traitor* may well be his best book yet.

*'The best true spy story I have ever read.'* John le Carre



We would welcome book reviews and recommendations from any of our readers. Please email in a word document to the Editors: [eastknoylenewsletter@gmail.com](mailto:eastknoylenewsletter@gmail.com)



**Funding available to homeowners and landlords for home improvements**

Wiltshire Council would like to make residents aware of funding that is available to make improvements to homes in our area.

Homeowners and landlords can apply for a loan to make improvements to their homes. Essential home repairs such as a replacement boiler, new windows and doors, roof repairs (including thatch), plumbing, heating or electrical works and even structural repairs are included under the scheme.

Everyone receives the same interest rate, whether you borrow £1,000 or £15,000 and no matter what your circumstances or credit score. Eligible homeowners choose their own contractor and there are a variety of loan products available to suit individual needs\*.


The scheme is delivered through Wessex Resolutions, a not-for-profit lender that works in close partnership with the council. Established in 2003, Wessex Resolutions has helped many homeowners throughout the South West, lending almost £13.6 million. A recent client said "I had no idea the scheme existed until I contacted the Council. When my adviser visited me and explained everything perfectly it was a huge burden lifted from me – loan repayments that I can afford and the efficiency with which it was all arranged. I am truly grateful to all concerned."

**For more information, call Wessex Resolutions on 01823 461099, visit [www.wessexresolutions.org.uk](http://www.wessexresolutions.org.uk) or email [enquiries@wrcic.org.uk](mailto:enquiries@wrcic.org.uk). (\*subject to eligibility)**

**Loans have a fixed interest rate and typical 4.2% APR. Missing payments could affect your credit rating and ability to obtain credit in the future. Loans are typically protected by a Title Restriction and are subject to status.**

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**Questions for Wessex Water?**



Wessex Water will have a stand at the East Knoyle village fete on 7th September and would be very happy to answer any questions about the planned works.

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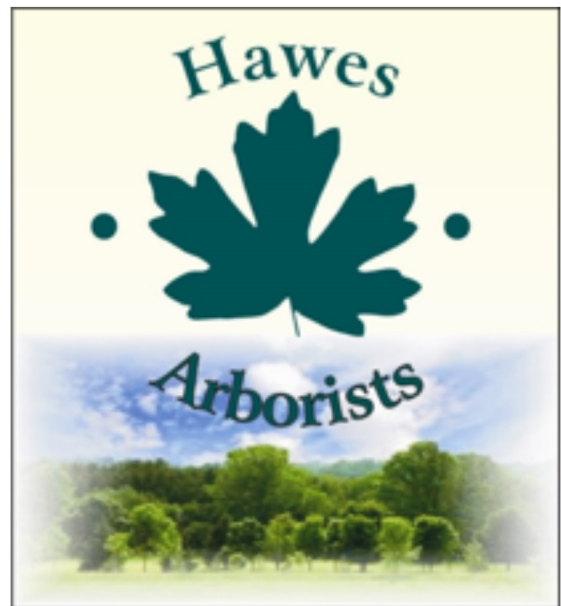
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## Advertorial

Apologies to Jay for the poor placing of her advert in the last newsletter. The Editors.



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Fitness Pilates applies the fundamental Pilates techniques and exercises to:

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For more information contact Jay on:

**07754 482875**  
or **01747 830765**  
[jaylonsdale811@hotmail.com](mailto:jaylonsdale811@hotmail.com)

I qualified as a Pilates instructor in 2004 with the Pilates Institute in London having worked as an Exercise to Music instructor for many years before that.

Joe Pilates, who put the original 34 exercises of Pilates together was quite a formidable man and would not get away with his method of teaching today.

Fortunately times have changed and like many things, types and ways of exercising have evolved.

I have recently retrained in 'Fitness Pilates' which takes a more modern approach to this fabulous mind/body workout and am very excited to be teaching again.



# Children's Summer fun

What would your favourite ice cream look like? Colour and decorate the picture.



## HOW TO MAKE PAPER PLATE FRISBEES

This project is easy, though some children may need help using scissors.

- 2 paper plates
- Crayons or marker pens
- Scissors
- Sellotape



1. Place both plates right side up, as if you were going to put food on them.
2. Cover them with clear Sellotape allowing the excess tape to overlap, but **do not fold** it over.
3. Use the scissors to cut off the excess around the plate.
4. Turn the plates upside down and use markers or crayons to decorate as you wish.
5. Place both plates together so that the decorated sides are facing out.
6. Holding the plates together, cut a circle out of the centre of each plate.
7. Place both plates, decorated side facing up, onto the work surface. Using the clear Sellotape, cover the decorated side, overlapping the centre circle.



8. Fold the edges over through the centre circle and trim the edges of the outside of the plate.
9. All finished. Now have a throwing competition to see whose goes the farthest.





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*(by courtesy of Sarah and Paddy Douglas-Pennant)*

***SATURDAY 17<sup>TH</sup> August 2019***

***4.00 – 8.00 p.m.***

*Bring your own picnic (and chairs)*

***BAR ~ TOMBOLA ~ GARDEN WALKS***

***TICKETS:*** £12.50, children under 15 £2.50, available from Kate Good Pottery, High St. Tisbury, and at the gate.

*In aid of St. John's Church East Window*

*The Parochial Church Council of the Ecclesiastical Parish of Tisbury*

*Charity No. 1142581*



**Three month cash membership special offer**  
**Wiltshire Council leisure centres – available now**  
**Unlimited gym and swim – just £119.99**



# What's On? Forthcoming Events in and around East Knoyle

Check out the Village Diary on the website

<http://east-knoyle.co.uk/news-and-events/village-diary/>



## T@3

Held every second Thursday of each month in the Billiard Room, Village Hall 3-4pm. Delicious savouries and cakes with tea and coffee, plus a raffle. Donations if you wish. Taxi service available, kindly funded by the

Parish Council. Call Sandra 830471, or Jennie 830460 for further information. See you there!

**Future dates: 8th August, 12th September**



## Coffee in the Church Cafe, St. Mary's, 10.30am -12.00pm

Freshly brewed coffee and tea with biscuits in our lovely church. A warm welcome awaits you!

**Now held every 4th Tuesday of the month (not the last!)**

**Future dates - 23rd July, date 27th August**



## St. Mary's Games Evening 7.30 to 9.30 pm

**Billiard Room, Village Hall**  
Bring your own refreshments, no admission fee, but a box for donations is available if you wish. We have a pool table, darts, chess, cards etc. Everyone welcome! For more information, call Alan on 830471

**Future dates - 30th July, 27th August**

## Volunteer's Needed

Is there anyone in the village with the expertise to repair professionally some of the village scrap books?

We also need someone to digitalise all this data!

All enquiries please contact the Deb at:  
[eastknoylenewsletter@gmail.com](mailto:eastknoylenewsletter@gmail.com)

## Volunteer Drivers needed for Tisbury and District Link Scheme

**Can you help** our friendly team of drivers ?

We use our own cars to take local people to medical appointments

**We need more drivers in the East Knoyle area in particular.**

Our service is very highly valued in our area where there is a lack of public transport.

**There is no fixed commitment.**

**Please call Link on 07484 284670**



**DEADLINE FOR  
September/October  
Newsletter  
Friday 6th September**

(Newsletters are normally distributed around 10 days after the copy deadline)