

THE ALDERBURY UNION WORKHOUSE

MENU - 1841

Alderbury Union. DIETARY OF THE UNION WORKHOUSE.

ORDER OF THE POOR-LAW COMMISSIONERS,
Dated the 16th day of April, 1841.

		BREAKFAST.		DINNER.						SUPPER.		
		Bread.	Gruel.	Cooked Meat.	Potatoes or other Vegetables.	Soup.	Meat Pudding.	Suet Pudding.	Bread.	Bread.	Cheese or Butter.	
		Oz.	Pints.	Oz.	lb.	Pints.	Oz.	Oz.	Oz.	Oz.	Oz.	Oz.
Sunday.	Men -	6	1½	—	—	2	—	—	8	6	2	1
	Women	5	1½	—	—	1½	—	—	5	5	2	1
Monday.	Men -	6	1½	—	1	—	—	12	—	6	2	1
	Women	5	1½	—	1	—	—	10	—	5	2	1
Tuesday.	Men -	6	1½	—	—	2	—	—	8	6	2	1
	Women	5	1½	—	—	1½	—	—	5	5	2	1
Wednesday.	Men -	6	1½	6	1	—	—	—	—	6	2	1
	Women	5	1½	5	1	—	—	—	—	5	2	1
Thursday.	Men -	6	1½	—	1	—	—	12	—	6	2	1
	Women	5	1½	—	1	—	—	10	—	5	2	1
Friday.	Men -	6	1½	—	—	2	—	—	8	6	2	1
	Women	5	1½	—	—	1½	—	—	5	5	2	1
Saturday.	Men -	6	1½	—	1	—	12	—	—	6	2	1
	Women	5	1½	—	1	—	10	—	—	5	2	1

The Guardians of the Poor of the said Union are empowered to allow to each old Person, of the age of sixty years and upwards, resident in the Workhouse, one ounce of Tea, seven ounces of Butter, and eight ounces of Sugar per week, in lieu of Gruel, for Breakfast.

Children, under the age of nine years, resident in the said Workhouse, to be fed, dieted, and maintained with such food, and in such manner, as the said Guardians shall direct; and Children, above the age of nine years, and under the age of sixteen years, to be allowed the same quantities as are prescribed in the above Table for Women.

The sick Paupers, resident in the said Workhouse, to be fed, dieted, and maintained in such manner as the Medical Officer of the said Union shall direct, who may also order (in writing) such diet for any individual Pauper as he shall deem necessary; and the Master of the Workhouse is to report such direction to the Board of Guardians, who shall sanction, alter, or disallow the same at their discretion.

J. HEARN, PRINTER, FOLKLY-CROSS, SALISBURY.

Source Wiltshire Record Office H1/191